



**St. Bernadette's Day Care** (ages 18 mos - 5)

**We Need A Break** (ages 2 1/2 - 5)

**Breakfast Club** (ages 4-12)

**Lunch Club** (ages 4 - 6)

**After School Club** (ages 4 - 12)

**Summer Camp** (ages 2 1/2 - 12)

**March Break Camp** (ages 4 - 12)

**St. Jude's Academy of the Arts** (ages 18+)

**St. Jude's Summer Camp** (15+)

**St. Bernadette's House** (ages 18+)

### head office

128 Ewart Avenue  
Toronto, Ontario  
M6M 1M9

Phone: (416) 654-9810

[www.stbernadettesfrc.org](http://www.stbernadettesfrc.org)



### who we are

**St. Bernadette's Family Resource Centre**, a member of the Catholic Charities, is a non-profit, non-denominational, community-based organization that has been integrating children, youth, and adults with intellectual and/or physical challenges, such as Autism, Down Syndrome, Cerebral Palsy, Blindness, etc., with their "able" peers since 1992.

The agency was founded in 1990. Founder Angie Carboni, utilized her social work background as well as the experience of front line workers from various social service agencies across Metro to assess the needs of families with intellectually and/or physically challenged children. The results of the needs-assessment survey clearly demonstrated the need for ongoing parent relief for these families and thus prompted the development of our current services.

In May of 1991, St. Bernadette's Family Resource Centre formed its Board of Directors. In November that same year, the agency became incorporated as a non-profit charitable organization.

**Our Charitable Registration number is 13586 6721 RR0001.**

We are open to everyone who needs our help, regardless of ability, financial status, nationality, ethnicity or religion. We currently serve a variety of individuals in the community.

Through programs like **St. Bernadette's Day Care, We Need A Break, Breakfast Club, After School Club, Lunch Club, March Break Camp, and Summer Camp**, we serve **children from 18 months to 12.**

Each of these services provides an inclusive environment where children with intellectual/physical challenges can interact with their "able" peers. We also serve youth/adults ages 15+, through our day program at St. Jude's Academy of the Arts and ages 18+ through our group home St. Bernadette's House.

Our aim at St. Bernadette's Family Resource Centre is to provide parent relief programs and support groups that better enable caregivers to face the challenges encountered in raising a child. To enhance and improve the quality of life of each individual who takes part in any one of our programs. On average, we serve about 500 children, youth and adults in the city of Toronto.

### Our Mission Statement

*"Every person has the God-given right to live and actively participate in their community."*

St. Bernadette's Family Resource Centre provides **inclusive programs and residential services which allows intellectually and/or physically challenged individuals and their care givers to actively participate with their "able" peers in the community.**

**Our Motto is WE CAN LIVE AS ONE.**



**"We Can Live As One"**



**St. Bernadette's  
Family  
Resource Centre**

**CHILDREN'S  
PROGRAMS**

REGISTER NOW: 416-397-6300  
[stbernadetteskids@rogers.com](mailto:stbernadetteskids@rogers.com)

## Welcome to St. Bernadette's

St. Bernadette's children's programs provide a supervised environment where children ages 18 months to 12 years old, with or without special needs, can interact, play and learn.

Our Programs are designed to offer parent relief. We achieve this through our St. Bernadette's Day Care, We Need a Break, Breakfast Club, Lunch Club, After School Club, March Break Camp, and Summer Camp programs, all of which are designed to support families and ease the emotional, physical and financial stress that parents experience.

## St. Bernadette's Day Care

### Toddler & Preschool Programs

St. Bernadette's is proud to offer through the Ontario Best Start initiative our full day Day Care Program. This is an inclusive child care program for children 18 months to 5 years old. This program is geared to offer quality child care instruction that will enhance a child's learning and development of body, mind, and soul. Our licensed child care provides stimulating, high quality care from experienced R.E.C.E. instructors whose goal is to educate the children we serve in an inclusive environment where children with or without intellectual and/or physical challenges socialize and learn from each other. St. Bernadette's views children as active learners who learn best from activities that they themselves plan, carry out and reflect upon.

Hours: Monday - Friday 7:30 a.m. – 6:00 p.m.

Daily Activities  
Activities contribute significantly to children's overall

development, especially in the areas of initiative, social relations, intellectual abilities, music, out door play and movement. All our programmed activities promote creative expression, school readiness and school success.

i.e. Arts and Crafts, Gross Motor and Movement, Music, Circle Time, Indoor and Outdoor Play.

Breakfast, a hot lunch and two snacks are provided daily.

Financial assistance is available through the subsidy office at the Toronto Children's Services, please call (416) 392-KIDS.

## We Need a Break

A licensed nursery school program that provides a stimulating, supervised environment where children ages 2½ to 5 years old, with or without intellectual/physical challenges can actively participate in education and recreational activities.

Daily Activities  
Activities contribute significantly to children's overall development, especially in the areas of initiative, social relations, intellectual abilities, music, out door play and movement. All our programmed activities promote creative expression, school readiness and school success.

i.e. Arts and Crafts, Gross Motor and Movement, Music, Circle Time, Indoor and Outdoor Play.

Morning Hours:  
Monday - Friday 8:30 a.m. – 12:00 p.m.

Afternoon Hours:  
Monday - Friday 1 p.m. – 3 p.m.

Subsidy is available for all those who qualify.

## Breakfast Club

Provides a nutritious breakfast in a supervised environment where children ages 4 to 12 years old can start the day. The children in this program can escape the cold weather and remain safe before school hours.

Hours: Monday - Friday 7:30 a.m. – 8:30 a.m.

## After School Club

A licensed school age program that provides a stimulating supervised environment for children ages 4 to 12 years old.

This integrated program allows children with or without intellectual/physical challenges to take part in educational and recreational activities.

Activities: Free Play, Arts & Crafts, Science and Discovery, Gross Motor and Movement, Music/Drama, Homework Assistance, Group Discussion.

March Break and P.A. Days are included along with a hot lunch and snacks.

Hours: Monday – Friday 3:00 p.m. – 6:00 p.m.

## Summer Camp

Our Camp provides a supervised camp environment for children ages 4 to 12 years of age.

Our programs offer recreational activities in an inclusive environment for children with intellectual/physical challenges and their "able" peers.

Activities: Free Play, Arts and Crafts, Science and Discovery, Sports, Music/Drama, Group activities and Games, Group Discussion, Field Trips and Swimming (summer only)

Summer Camp July/August Hours:  
Monday – Friday 7:30 a.m. – 6:00 p.m.

(For Summer Camp, please register in May to ensure space will be available.)

## Program Location

D'Arcy McGee School  
20 Bansley Avenue, Toronto, ON, M6E 2A2

Transportation available for children who attend St. Thomas Aquinas School to D'Arcy McGee School

## FOR MORE INFORMATION....

and/or to register for any children's program, please call:

**(416) 397-6300**

**Monday through Friday 8:00am to 6:00pm**